

# Sustainability for practices



Take a  
carbon  
footprinting  
course



Make a staff  
and patient  
travel survey



Use a carbon  
footprinting  
workbook



Talk to a  
carbon  
footprinting  
consultant



Hold a  
car-free  
day

Encourage  
smart meters



Have a  
'switch off'  
campaign

Move to  
paperless  
practices



Cut back on  
packaging



Ask suppliers  
how green  
they are



Encourage  
car sharing

Carry out a  
waste audit



Combine  
forces on  
recycling  
locally

Explore ABDO's SEE hub for  
more ideas on sustainability

